Instruction Sheet for Independent Practice



A short video is available in our page

Phase I: Practice duration is 2-3 days.

- 1. Put the ramp, closed and facing up, in the intended practice area (living room, bedroom, etc.).
- 2. Spread food/snacks on the ramp and allow the dog to approach it alone, without a leash. The goal is to generate confidence for the dog near the ramp.
- 3. If the dog is still afraid of the ramp, place the ramp parallel to the couch.
- 4. Continue to practice until the dog steps up and walks on the ramp independently.



Phase II: Practice duration is 5 days.

- 1. Place the closed ramp on the floor near the couch.
- 2. With the dog on a leash, circularly walk the dog above and around the ramp.
- 3. Allow the dog to walk up the ramp in a straight line, starting 2 meters before and finishing 2 meters after.

Note that it is important to start a distance before the ramp and walk a short distance after it.

4. Continue walking in a circle till you return to the same point before the ramp and perform a few repetitions.



Phase III: Duration is 4 days.

- 1. Place the ramp next to the couch you want the dog to reach.
- 2. Raise the ramp to the lowest angle.
- 3. Put the dog on a leash and start practicing.
- 4. Start walking from a distance of 2 meters before the ramp and continue without stopping or hesitating until the dog walks up the ramp while you direct him to the sofa.
- 5. It is possible for the dog to make a small jump at the end of the ascent towards the couch as part of the practice.
- 6. A reward will be given for the practice only when the dog sits on the couch. The reward is a pet or a snack.
- 7. Direct the dog when he leaves the couch to walk on the ramp.
- 8. If the dog is afraid, direct it with your leg and create a wall separating it from the floor.
- 9. Leave the leash on throughout the practice and try to prevent the dog from jumping off the couch.
- 10. Teach the dog that any reward such as a snack or a walk is included in the practice of going up and down the ramp.



Phase IV: Duration is around 7 days.

- 1. Continue working with the dog on a leash and gradually increase the slope of the ramp for 3-4 days.
- 2. For two more days, practice without a leash.





WE HOPE YOU WILL ENJOY IT!

If you have any questions please feel free to contact us For Q&A, training videos and instructions -Enter our website

